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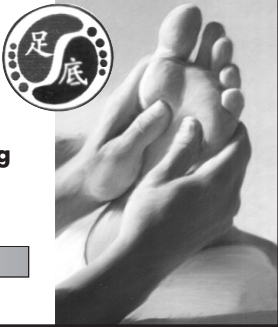
# THE CHINESE REFLEXOLOGY CENTER

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# HEALTHY LIVING

## The Wellness Community Celebrates

*Continued from front page*

10 journalist Lu Ann Cahn. Later that evening from 6:00 p.m. - 8:00 p.m., a *Survivors' Dinner* will be held with special guest speaker Gwen Darien, director of the survivor and patient advocacy department at the American Association for Cancer Research.

• Thursday, **September 25**, from 4:00 p.m. - 6:00 p.m.: A *Service Project and Reception* will take place to honor TWCP's volunteers while they once again tackle a worthy project on behalf of the organization. Later that evening, from 6:00 p.m. - 8:00 p.m., *The Second Annual Anne McCouch Lecture* will be held at The Wellness Community in Lansdale, PA. "Stories of Hope and Healing" will be presented by Joan K. King, RN, APRN, BC, advanced practice psychiatric nurse and storyteller.

• Friday, **September 26**, from 7:30 a.m. - 9:00 a.m.: An invitation only *Professional Breakfast* will be held at TWCP's Barn. The featured speaker is Julia Rowland, PhD, director, Office of Cancer Survivorship, Division of Cancer Control and Population Sciences, National Cancer Institute, NIH/DHHS. Her speech is entitled "Cancer Survivorship: New directions in Research and Care."

• Saturday, **September 27**, from 9:00 a.m. - 4:00 p.m.: TWCP will hold a *City Avenue Awareness Walk and Cancer Information and Resource Fair*. The *Awareness Walk* will be held in collaboration with many local businesses. Following the walk, the *Fair* - featuring exhibits by local healthcare and cancer organizations, a sampling of TWCP programs, as well as refreshments and other activities - will take place back at TWCP. It is sponsored by Lindi Skin. B101 radio will provide music, giveaways, the Bee and more fun! Saturday, September 27 Schedule of Events: 9:00 a.m. - *City Avenue Awareness Walk* kicks off - Register online at TWCP.org; 11:00 a.m. - 4:00 p.m. will be *Cancer Information and Resource Fair* with B101 Radio from 12:00 p.m. - 1:30 p.m. In the Main Tent: Cancer information and resources, live entertainment, kids' activities and refreshments. In the Barn: TWCP programs including Yoga, T'ai Chi, Cooking, Mind-Body Meditation and Art. In the House: Skin consultations and spa sampling.

Call 215-879-7733 or visit TWCP.org for updates on all of these fun activities and events



On **September 24** The Wellness Community of Philadelphia will have a *Caregivers' Breakfast* to honor those who give so selflessly to help people with cancer with special guest, NBC 10 journalist Lu Ann Cahn.

15th ANNIVERSARY • 1993-2008

the **wellness** community  
philadelphia  
cancer support, education and hope

# City Avenue Awareness Walk

## and Cancer Information and Resource Fair

at The Wellness Community of Philadelphia  
The Suzanne Morgan Center at Ridgeland  
Chamounix Drive, West Fairmount Park  
Philadelphia, Pennsylvania 19131

City Avenue Awareness Walk  
9:00 a.m.

- 2 mile walk ~Free to participate
- Kicks off from The Wellness Community of Philadelphia
- Free t-shirt, prizes and refreshments

Deadline for pre-registration is September 20th.

Register online at [twcp.org](http://twcp.org) or call The Wellness Community at 215.879.7733.

Cancer Information  
and Resource Fair  
11:00 a.m. - 4:00 p.m.

- Red Balloon Celebration
- Art Exhibit
- Kids' Activities
- Live Entertainment
- TWCP Programs
- Spa Samplings

Special thanks to



Join **B101**  
From Noon-1:30 p.m.  
• Giveaways  
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For more information, please call 215.879.7733 or visit [twcp.org](http://twcp.org).

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CALL TO PRE-REGISTER FOR THE CONTEST 610-649-7755