

# FAMILY DAY EVENT- LIVIN' IN THE RHYTHM

Saturday, September 11

3:00 - 4:00 PM

*The mission of The Wellness Community is to help people affected by cancer enhance health and well-being through a professional program of emotional support, education, and hope. All programs and services are provided free of charge.*

Join us for this dynamic, interactive and upbeat experience, led by **Mark Seaman of Earth Rhythms** and a selection of world drums and percussion instruments. We invite young and old to share in this special program as we kick off a regular offering of family centered programs this year.

RSVP by September 9.

**the** PHILADELPHIA  
**wellness.**  
**community**®   
AN AFFILIATE of the CANCER SUPPORT COMMUNITY

The Suzanne Morgan Center at Ridgeland  
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