

The mission of The Wellness Community is to help people affected by cancer enhance health and well-being through a professional program of emotional support, education, and hope. All programs and services are provided free of charge.



WRITING FOR WELLNESS

**Mondays, November 15
and December 13 - 10:00 - 11:30 AM**

This monthly workshop with Janet Ruth Falon, M.L.A., supports anyone interested in creative writing, journaling, or poetry. Expressing one's thoughts and feelings through the written word can be beneficial in managing the cancer experience and affirming life. No writing experience or expertise is required to come, learn, have fun, and experience the benefits of "writing for wellness".

RSVP by November 12 and December 10.

This program takes place in Philadelphia.

215-879-7733 • www.twcp.org

**The Wellness Community of
Philadelphia**

The Suzanne Morgan Center at Ridgeland
Chamounix Drive, West Fairmount Park
Philadelphia, PA 19131

Lansdale Satellite:

The Anne McCouch Center
1000 West Main Street, Lansdale, PA 19446
215-393-9105